

BCAN in association with CCM
Helping Vulnerable People
2003–2004

Who, me?

Perhaps you have always wanted to help vulnerable people, but never knew where to begin, or were afraid you would rapidly find yourself out of your depth? You don't have the answers or the resources you feel you need?



Or perhaps you are already involved in practical care, and would like some support and training – maybe ideas about how to be more effective, or help to cope with the emotional stress?

What's on offer?

You are invited to attend a series of ten interactive sessions, held roughly one a month. Each session will look at one important aspect of the problems vulnerable people face, and how they can be helped through those problems.

Each session will provide the following:

- ◆ Basic information: facts and figures to help you understand the problems.
- ◆ Real life stories: helping you to understand the impact of these problems on individuals' lives.
- ◆ Questions and answers: giving you the opportunity to ask the questions that matter to you, and keep the session practical and relevant.
- ◆ The opportunity to meet people like yourself, who are struggling to help others despite not having all the answers.
- ◆ The opportunity to meet and learn from people who come from other organisations.

Want to find out more?

See the details on our 'Volunteer Training' leaflet, or contact CCM:

Crisis Centre Ministries, 12 City Road, Bristol, BS2 8TP
Telephone: (0117) 942 3088 Email: admin@crisis-centre.org.uk

About us

This training is being arranged by BCAN ('Bristol Christian Action Network') in association with Crisis Centre Ministries.

CCM has been providing training in these areas since 1984. We organised some joint training with other members of the BCAN Homeless Forum in 2001, and this developed into a fuller programme, which ran with excellent reviews and feedback in 20002-2003. That course has now been revised and updated for a wider audience.

Why are we doing this?

There are four main reasons why we are offering this opportunity.

- ◆ Firstly, we have to provide this training to our own volunteers, and it makes sense to join together and share the work.
- ◆ Secondly, we believe we can learn more by pooling our experience – sharing ideas and good practice between organisations, discovering what works and what doesn't work for other people.
- ◆ Thirdly, we want to support those individuals and organisations without a training programme like this, because the better equipped we are to help, the better we can help other people.
- ◆ And, finally, we hope that some people who thought they don't have anything to offer may do this training and realise that they can make a difference to the wounded and vulnerable people in our society.

Yes!

I really can make a difference!

