

# UNDERSTANDING ADDICTION & SUPPORTING RECOVERY IN THE CHURCH

## Saturday Morning Training Seminars

29.09.18	Addiction & the Brain	Dr. Fergus Law, Consultant Psychiatrist
10.11.18	Relapse & Recovery	Ant Newman, Recovery Navigator
12.01.19	Trauma & Attachment	Giles Lascelle, UKCP Psychotherapist
16.03.19	Mental Health	P-j Charters, CBT Therapist
11.05.19	The 12 Step Programme & Mutual Aid Groups	Lydia Davenport, Drug & Alcohol Counsellor
06.07.19	From Homelessness to Independent Living	Richard Sayer, Salvation Army Hostel Manager

**VENUE:** The Old School Rooms, St Michaels Centre, The Green, Stoke Gifford, BS34 8PD  
(Free on street parking available. For travel info please visit [www.stmichaelsbristol.org/location/](http://www.stmichaelsbristol.org/location/))

**TIME:** 9.30– 12.30 pm. Doors open 9am

Suggested donation £5 per session on the door | Refreshments provided

To book your place and for more information about these sessions  
and the trainers please go to: [www.liferecoverygroup.org](http://www.liferecoverygroup.org) or call 07858 757 226

New  
location



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